

# **Why do 10,000 men a year die?**

Is it because they thought their problems weren't serious?

Is it because there is no reliable screening test?

Is it because they were too embarrassed to get checked out?

**YES YES YES**

Maybe all these reasons contributed,  
but in many cases it was because -

**the men were diagnosed too late.**

Many men are unaware of prostate cancer symptoms  
and ignore minor waterworks problems for too long.

**Do you know the common symptoms of prostate cancer?**

- Disturbed nights by a regular need to pass water
- Trouble in starting to pass water
- A weak flow or just a dribble when passing water
- A feeling to pass more water after the flow has stopped

The reason: The tube from the bladder passes through the prostate gland.  
Problems with the prostate gland can interfere with the urine flow.

## **IT MAY NOT BE PROSTATE CANCER**

Other minor problems can cause these symptoms  
but -

when prostate cancer kills more than one man an hour  
**why risk it? Ask your GP for a PSA blood test.**

(especially if you are over 40 or your father has or had prostate cancer)

Now you know the symptoms - are the men in your life OK?

Help us to raise awareness of prostate cancer symptoms  
visit **[www.prostatecancercheckitout.me.uk](http://www.prostatecancercheckitout.me.uk)**

Download posters and other awareness-raising material.  
Read how Pat, knowing the symptoms, diagnosed Monty.